



Changing the paradigm from Aging to Sage-ing®

Dear Applicant,

Thank you for your interest in the Sage-ing® Leader Certification Program. The purpose of the certification program is to develop facilitators to skillfully and compassionately lead adult groups in Sage-ing work from a place of personal experience, integrity, spiritual maturity and respect for persons of all faith and belief backgrounds. This program requires a commitment to inner contemplative work, reading, study and providing public presentations during the internship year.

Sage-ing workshops, as you know, are based on the innovative work of Rabbi Zalman Schachter-Shalomi as presented in his book [*From Age-ing to Sage-ing: A Profound New Vision of Growing Older*, 1995, Warner Books, co-authored with Ron Miller.] Sage-ing exercises have been refined since 1995 by Reb Zalman and other Sage-ing Leaders he has trained. These powerful tools, available in the revised *Sage-ing Workbook*, blend the teachings of world wisdom traditions, transpersonal psychology, communication skills, forgiveness work and meditative practices to guide and support individuals who aspire to become wise and compassionate elders. You will be asked to complete all the exercises in the *Sage-ing Workbook* before the first weekend of training if accepted into the program. We also recommend doing and sharing these exercises together with a designated “buddy”, usually a close friend, a family member, or a fellow participant from a pre-requisite Sage-ing Intensive.

Students are considered for this certification program who have experience teaching adults and/or facilitating adult groups, as well as a commitment to contemplative practice such as centering prayer, meditation, journaling, and/or yoga. Knowledge of the principles of Sage-ing, familiarity with at least one world wisdom tradition, and issues related to adult spiritual development are all considered in our acceptance procedure.

Please review the enclosed *Application Process* for detailed information regarding application pre-requisites and guidelines, and registration questions.

Once you have completed all the pre-requisites, including attendance at one of our Sage-ing Intensive workshops, you may complete your full application and submit it to me at the contact information listed below. I will follow up with a phone interview and complete the application process in approximately 30 days. The first weekend of the next class of interns is confirmed for June 8-10, 2012 at Camp Brotherhood, a retreat

center just north of Seattle, WA. The closing weekend will be scheduled in June 2013, also in Seattle.

Please feel free to call or email me with any questions. I wish you well in your personal journey and in harvesting your life's wisdom. We, in the Sage-ing Guild, are very excited about developing another skilled team of Certified Sage-ing Leaders (CSL's)!

In Peace,

Maureen Dobson, MSW, CSL
Sage-ing Guild Training Coordinator
8050 Niwot Road #13
Longmont, CO 80503
303-819-2588
Maureen@wisdomwork.org

The Sage-ing® Guild's Sage-ing Leader Certification Program Application Process

Admission to the CSL training is by application only.

How to apply

Applicants are considered only after prerequisites have been met:

- Have attended a 2-5 day Sage-ing Intensive Workshop
- Have read *From Age-ing to Sage-ing* by Zalman Schachter-Shalomi and Ron Miller. Warner Books. 1995
- Have completed *The Sage-ing® Workbook*

The CSL Application Packet includes the goals and objectives of the program, information regarding the application process and the application. An estimate of the total cost of the training (to include traveling) is available upon request.

Complete an application form and return to the Training Coordinator by mail with the \$50 application fee.

Interview

Upon receipt of the application and confirmation of prerequisites, a phone interview of 45-60 minutes will be scheduled with the potential intern.

References

Applicants provide a list of three references with their application. It is not necessary to submit letters of reference as we will contact the references by phone. The results of the interview and reference check are considered by the Training Coordinator and members of the Sage-ing Guild Education Committee to determine placement.

Invitation

The applicant will receive a phone call or email from the Training Coordinator within 30 days of the interview with the response to the interview and admissions information.

Pre-class materials

Suggestions for reading and activities to complete prior to the training will be sent to those accepted. Upon receipt of the student registration and tuition, the SG Training Coordinator will send a packet of class materials in preparation for the upcoming training session.

Registration

The Sage-ing Guild will send a registration packet to the intern, including a registration form, information about logistics, course objectives and an invoice for the training tuition several months before the 2012 class initial weekend assuming you have completed the process by that time.

Tuition

Tuition is \$2000 for training, mentoring and materials [which includes a 200+ page *Curriculum Resource Guide*]. There are three tuition payment options available. A minimum payment of \$500 for tuition and fees will be due at the time of registration for the primary training weekend to hold your place in the class. Partial scholarships may be available.

Registration is considered complete when The SG receives the registration form and tuition payment. Class numbers may be limited due to instructor availability or space restrictions. It is anticipated that most classes will fill quickly.

Class cancellation policy

Though it is anticipated that classes will fill quickly, SG reserves the right to cancel a training weekend up to 6 weeks prior to the session start date. In the event that a class is cancelled, the interns will be notified by phone immediately, and arrangements will be made to facilitate the intern's priority entry into the next training session.

More questions?

Contact Maureen Dobson, Training Coordinator 303-819-2588; fax: 303-652-4034; maureen@wisdomwork.org

Thank you for your interest in the Sage-ing Leader Certification Program.

The Sage-ing® Guild's Sage-ing Leader Certification Program Goals and Objectives

Purpose:

The purpose of the Sage-ing Leader Certification Program is to prepare facilitators who will compassionately, skillfully and competently lead adult groups of all faith and belief backgrounds in Sage-ing work, drawing on their educational background, life experience and spiritual maturity as well as the training specifically provided in this program.

Educational Goals and Objectives:

1. Prepare Certified Sage-ing Leaders who will have a strong knowledge base in Sage-ing. Participants will:

- a) Demonstrate familiarity with the history, theory and practices of Sage-ing.
- b) Make appropriate use of Sage-ing materials, utilizing exercises from the Workbook and Curriculum Resource Guide.
- c) Assemble and prepare teaching resources, such as class outlines, activities, publications and AV materials for teaching/presenting Sage-ing themes.

2. Provide Certified Sage-ing Leaders with basic content about the physical, psychosocial and spiritual aspects of aging. Participants will:

- a) Demonstrate an understanding of these principles both with respect to self and in interactions with others.
- b) Be involved in ongoing personal work through Sage-ing exercises, journaling, and/or other contemplative exercises or spirituality-based modalities.
- c) Increase their awareness of other local and national resources in the area of aging and adult spiritual development.

3. Offer Certified Sage-ing Leaders basic content about adult learning styles as well as basic group dynamics and facilitation skills.

- a) Provide a minimum of 15 hours of Sage-ing programming in a variety of settings, demonstrating effective use of these principles.
- b) Complete a self-evaluation and review of each presentation, based on review of tapes and evaluation materials obtained from each group.
- c) Receive timely coaching and feedback from an experienced Mentor assigned by the Sage-ing Guild.

4. Assist Certified Sage-ing Leaders in the development of the skills, tools and resources for marketing and creating an effective practice.

- a) Participants will be able to create and/or utilize basic evaluation tools, utilizing feedback to enhance, refine and guide their ongoing Sage-ing efforts.
- b) Participants will receive additional support from the Regional Coordinator during the transition from internship to independent practice.
- c) Participants will develop a marketing plan utilizing the materials, resources and strategies from Sage-ing templates, identifying local and regional opportunities for presenting Sage-ing programs.

**The Sage-ing® Guild's
Sage-ing Leader Certification Program
Tuition Information**

Once accepted into the Sage-ing Leader Certification Program, interns will complete and sign a tuition agreement form [to be found in the acceptance packet] and return to:

The Sage-ing Guild Training Program
Maureen Dobson, Training Coordinator
8050 Niwot Road #13
Longmont, CO 80503

Payment is due as soon as the class registration materials are received. See tuition options below.

Tuition

Total tuition due is \$2000.

Tuition Deposit

A payment of at least **\$500** of the total tuition is due at the time of registration for the next class to hold your place.

Tuition payment options

No payment is expected until the intern registers for the class which officially begins the internship.

- 1. Pay tuition in full at time of registration by check. \$2000
 - 2. Pay tuition in 2 equal payments-- \$1000 at registration and subsequent payment of \$1000 within the next 6 months
 - 3. Pay tuition in 4 equal payments—First tuition payment of \$500 at registration and 3 subsequent payments of \$500 every 3 months thereafter
 - 4. Scholarship arrangement requested
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**The Sage-ing® Guild's
Sage-ing Leader Certification Program
Application Form**

Name _____ Phone _____

Address _____ Fax _____

City _____ State _____ Zip _____ Email _____

Date of Application _____ Gender _____ Birthdate _____

Instructions: *Please address each of the issues or questions below within no more than 5 pages. Return your Application [this page] and your responses [see below] and a non-refundable **application processing fee of \$50** to:*

*The Sage-ing Guild c/o
Maureen Dobson, Training Coordinator
8050 Niwot Road #13, Longmont, CO 80503*

Confirmation of Prerequisites:

_____ I have completed a Sage-ing Intensive Workshop or SCF Training

Intensive Date: _____ Intensive Location: _____

Facilitators: _____

I have read *From Age-ing to Sage-ing* by Zalman Schachter-Shalomi & Ron Miller

I am reading *From Age-ing to Sage-ing* by Zalman Schachter-Shalomi & Ron Miller

I have completed working through *the Sage-ing Workbook*

I am working through *the Sage-ing Workbook*

Applicant Information:

1. Describe your interest in Sage-ing and aging spiritually, and why you would like to be a Certified Sage-ing Leader.
2. List your formal educational background and any training and leadership roles which might relate to and/or complement your Sage-ing program.
3. Illustrate how you feel you are suited for leading Sage-ing programs. Please include the course of your own spiritual development.
4. Describe your involvement with groups relating to inner work such as energy work, meditation, journaling or rituals, including leadership roles.
5. List three references and their contact information.

Upon review of this document, our Training Coordinator will set up a time for a conversation about your application and interest.