



**1:45 – 3:15**

**Session 4 Facing Our Mortality Through Creative Expression**

**Pat Hoertdoerfer**

**Enjoy music, mandalas, poetry and photography as we share Facing Our Mortality stories and other stories in many creative ways.**

**Session 5 Marketing as Relationship and Networking**

**Rosalie Muschal-Reinhardt and Judy Charlick**

**How do we find the places to tell the story of Sage-ing and hear the stories of Elders?**

**What strategies can we use in a new paradigm of Marketing?**

**Session 6 Sage-ing as a Way to Heal Spiritual Pain**

**Pat Lewis**

**Participants will gain an overview of spiritual pain, connecting the notion of spiritual pain to healing painful memories, forgiveness work, and facing mortality.**

**3:30 – 5:00**

**Session 7 Older Women’s Legacy Circle: Ways of Reminiscing**  
**Judith Helburn**

**Methods will be demonstrated on helping elders and others to discover their buried treasures and those of their forebearers.**

**Session 8 Investing in Your Spiritual Retirement Account (SRA)**  
**William Cox**

**Participants will learn the importance of an SRA in their lives, identify principles of Investing in their SRA and access their current spiritual investments.**

**Session 9 Stirring Hearts Through Rituals** **Carol Bourne/Team**

**Rituals connect the ordinary with the extraordinary. They empower us to connect with others, enhance creativity, and assist in our ushering in new life stages. Share the ways that you use Ritual in your Sage-ing work.**



**2:15 – 3:45**

**Session 14 Responding to the Invitation of Midlife** Carol Scott-Kassner  
Explore a curriculum and specific activities dedicated to helping people embrace the psycho-spiritual invitations of midlife by stepping into the potential for change.

**Session 15 Changing the Culture of Aging: One Conversation at a Time**  
Terry Jones

This experiential and interactive session will address:

- the roles of relationships,
- the value of personal and positive stories,
- the importance of reflection and mindfulness,
- and engage conversations in “culture change”,
- using the methods of Appreciative Inquiry.

**Session 16 Intergenerational Dancers Explore Aging in the film,  
“Moving Together”** Trudy Medcalf

Six people in their 70’s and 80’s explore the experience of growing older through their bodies rather than their heads. They join trained dancers in their 20’s to create a dance piece together. Their reflections break through many pre-conceived notions of the aging process.

**Session 17 Reclaiming Our Elders’ Voice** Paul Severance  
Participants who are concerned about the world our grandchildren and their children will inherit from us, will have an opportunity to share ideas which can help empower us all, and establish a network for continued support.

**SUNDAY, JUNE 15, 2008**

**9:15 – 10:45    Session 18    Late Life Love—Romance and New Relationships in Later Life**  
**Connie Goldman**

**Connie Goldman’s conversations with people 60, 70, 80, 90 years old, who are newly formed couples reveal that caring, intimacy and love are not the exclusive domain of the young. Discover how Elders are creating new personal ways of having profoundly spiritual relationships together.**

**Session 19    Into the Wild: Going Outside to Meet the Elder Within**  
**Ron Pevny and Anne Wennhold**

**Learn how nature-based retreats show the relationship between nature and how Elders fully know their wisdom and gifts. Hear stories of inner breakthroughs in individuals’ lives.**

**Session 20    The Conscious Aging Network of New Mexico:**  
**An Elder-Focused Organization**

**Gary Carlson**

**Five years ago, a small group met to brainstorm ways to enhance the lives of elders. Presently, CAN-NM reaches thousands with various activities. Come participate in the discussion and learn how to form a Network in your local community.**