



REGISTRATION FORM

Workshop Fee: \$250 includes light breakfast and materials

Send completed registration form and check made payable to "Sage-ing Guild"

By FRIDAY, December 12, 2008 to:

Julia Riley, PO Box 438

Ellenton, FL 34222

941-776-8024 Julia@constantsource.com

Name: _____

Address: _____

City/State _____

Zip _____ Phone _____

Email: _____

Participation in this workshop may serve as a prerequisite for Sage-ing Leader Certification.

Minimum 10/Maximum 16



Certified Faculty

Julia Riley, RN, MN, AHN-BC, CET®, REACE, CSL has been a nurse for 40 years. Keynote speaker and author, Julia began her Sage-ing journey at the death of her parents when she began life review. Her background in mental health is a foundation for her commitment to helping people begin as early as midlife to approach aging with a sense of wonder and awe and excitement. Her Sage-ing journey led her to facilitate expressive arts in healing for hospice patients and to create an undergraduate course, Expressive Arts in Healing, at the University of Tampa.

Jim Riley, MS, SCF, retired after a career with the US Postal Service that spanned 32 years. He started his career as a dock worker and moved to positions in staff, administration, logistics and transportation, consultation, international mail, teaching at the US Postal Academy, then to the legacy work of leadership and mentoring as a Postmaster. His Sage-ing journey has led him to working in a vintage book store and pursuing life-long interests in philosophy, history, and storytelling with a focus on mythology and Joseph Campbell's work. He has a fondness for westerns and Irish folktales and longs to play the Irish drum.

Contact Julia at 941-776-8024 or Julia@constantsource.com

Visit our website at www.constantsource.com/elder.htm
Visit the Sage-ing Guild's website at:

www.sage-ingguild.org

SAGE-ING GUILD®



...to empower a community of Sage-ing® Leaders whose culture reflects the values of care, respect and responsibility among the elders in our world

Presents *The Art of Age-ing...*
The Gift of Sage-ing®

January 17 and 18, 2009

At Dayspring Retreat Center

8411 25th ST E, Parrish, FL 34219

TEL 1-888-314-5744, toll-free

FAX 1-941-776-2678

www.dayspringfla.org

Workshop Benefits

- Examine the myths of aging and affirm the elder years
- Connect with one's inner wisdom through growth techniques of psychology and spirituality
- Nourish ourselves physically, emotionally, mentally, socially, and spiritually
- Look at the past as a "life review" and "life repair" with the wisdom of what we know now
- Understand that forgiveness is a gift we give ourselves
- Create peace of mind by doing the legal, medical, fiscal and spiritual preparation as a way of facing one's mortality
- Identify ways for Elders to serve as mentors and healers in society
- Develop one's own vision of self as an Elder

Who should attend?

Elders, near elders, clergy, caregivers, social workers, nurses, educators and anyone who is interested in conscious aging

Agenda

Saturday, Jan 17

Registration at 8:30AM

9AM -4PM

Approaching Elder hood

Essentials of the Sage-ing® process

My Life as One Year Cycle

My Philosophical Homework

Forgiveness: A Gift I Give Myself

Sunday, Jan 18

Gathering, 8:30AM

9-4PM

Journey to Meet My Inner Elder

Facing My Mortality

Guild/Training Information Questions

Roles of Elders

Legacies: What *Is* My Gift

The Gift of Mentoring

My Life as a Work of Art

Elder Circle



“Elders are the jewels of humanity that have been mined from the earth, cut in the rough, then buffed and polished by the stonecutter’s art into precious gems that we recognize for their enduring value and beauty. We sense their radiance in our youth, but we cannot contain it. It requires a lifetime’s effort to carve out the multifaceted structure that can display our hidden splendor in all its glory.”

Rabbi Zalman Schachter-Shalomi

