

# Reaping the Harvest of a Lifetime: The Path of the Sage

Gary Carlson, PhD and Charlotte Carlson,  
PhD, Jungian Analyst

A Two-Day Sage-ing® Intensive Workshop  
November 15-16, 2008  
Albuquerque, NM

*This workshop fulfills the prerequisite requirement for  
entering into training with the Sage-ing Guild*



**The Workshop:** Today, most people approaching their elder years can expect to live another 20 or 30 years. Spiritual Eldering®, developed by Rabbi Zalman Schachter-Shalomi, is a new model for living one's elder years more consciously, more joyfully, and more compassionately. Spiritual Eldering can help us to develop a balanced plan for our elder years that is personally fulfilling and beneficial to others. In this highly interactive workshop, we will introduce the concepts of Spiritual Eldering and see how these compare with other models of aging. We will work on life review (including forgiveness work) and on issues surrounding death and dying. We will explore our inner wisdom and the role of spiritual development in our later years. Finally, we will use the wisdom from many sources (especially including the participants themselves) to begin the development of a personalized plan for each participant's elder years, realizing that such a plan is a living document that will take a lifetime to complete.

**The Presenters:** Charlotte M. Carlson, PhD, Jungian Analyst is in private practice in Albuquerque, New Mexico, and is a Clinical Assistant Professor in the Department of Psychiatry at the University Of New Mexico School Of Medicine. She is a Clinical Member of the American Group Psychotherapy Association. Gary A. Carlson, PhD, is a retired research scientist and technical manager whose work is now focused on issues related to conscious aging. He is also a clay artist and a hospice volunteer. Charlotte and Gary have been married for 27 years, and have three children and four grandchildren. They are both Certified Sage-ing Leader/Sage-ing Circle Facilitator members of the Sage-ing Guild and are co-directors of The Sage-ing Group of New Mexico. Gary is Treasurer of the Sage-ing Guild and a leader of the Conscious Aging Network of New Mexico, a group that focuses on a positive vision of our elder years as an exciting and productive time of life.

**Workshop Location:** LeBaron Conference Center  
2120 Menaul Blvd. NE  
Albuquerque, NM 87107

**Dates and Times:** November 15-16, 9:00 a.m.-4:00 p.m.

**Fees:** \$250, which includes a Sage-ing Workbook, all materials, continental breakfasts, breaks and lunches

**To register or for more information, call:** Gary Carlson, (505) 897-1850

**Notes:** Enrollment will be limited to 20—register early!